

## what we do

Graceful Transitions provides downsizing and moving services that eliminate the physical effort and reduce overall stress associated with moving.

Each of our clients is assigned a personal move manager to assist them every step of the way. The move manager will arrange, schedule, plan, coordinate and supervise everything associated with the move.

Graceful Transitions is known for its expertise in space planning. This special service is included as an added no-cost benefit to clients to insure all furnishings will fit comfortably and safely in their new home.

We understand that downsizing can be an emotional process. This is why we assure that a compassionate and skilled team works with our clients to minimize clutter, organize essentials, arrange donations and orchestrate the sale or auction of any unwanted possessions.

Clients are gently guided through the decision of what should stay and what can go. The team does the lifting, carrying and sorting through the basement, attic and garage. On moving day the Graceful Transitions team will unpack, put away, plug-in, check bulbs, connect the computer and other electronics, hang pictures and curtains, and make the bed. We assure that favorite possessions are in place and everything is working so that by bedtime it's beginning to feel like home.

## our team



## Our Service Area

Washington, DC, Baltimore and surrounding counties:  
Montgomery, Frederick, Prince Georges, Baltimore, Howard, Anne Arundel and Carroll.



## Pricing

Call us at 301-514-4933 and schedule a no cost, in-home consultation.

The initial visit by a Graceful Transitions move manager will last approximately forty-five minutes. During this time she will go over our services and explain the options we provide. The move manager will also take time to listen, making note of your concerns, preferences and specific requirements. Shortly thereafter—usually within forty-eight hours—you will be provided with a detailed written estimate for your project.

We charge an hourly rate. Our estimates are highly accurate—but occasionally unexpected events interfere with even the best made plans. When actual project hours exceed estimated hours by more than ten percent, it is our policy to substantially reduce the hourly rate for the excess hours.

## Contact Us

member:



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# Downsizing and Moving Services



Your Options—Our Assistance

# how we help:

## 1 Organizing and Clutter Reduction

- Sitting and sorting
- Auction, sale or donation of unwanted possessions
- Sensitive, caring and creative solutions to letting go issues
- Temporary storage arrangements including transfer of belongings to a secure storage facility
- Paper sorting, organizing and check writing
- Photo & slide scanning to DVD
- Estate clean-out

We'll minimize clutter; organize essentials and help dispose of unwanted possessions. We sit with you, do the lifting and carrying and help you sort through the basement, attic and garage.

We take care of all the details and carefully guide you through our structured decision-making process to decide what stays and what goes. We'll arrange donation, sale or auction opportunities to get the best price for your items of value.

We arrange, schedule, coordinate and supervise everything associated with your move. We coordinate and supervise all of the packing, moving and cleaning of the vacated residence.

## 2 Senior Moving Services

- Development of an Action Plan providing a description and time line of critical activities
- Inventory & Labeling of Belongings in preparation of move and distribution of items going elsewhere
- Sitting and Sorting through your possessions — we sit with you, do the lifting and help you decide what to keep
- Creation of a Floor Plan to determine where each piece of furniture will fit in your new home
- Scheduling & Coordination of all activities, vendors and individuals involved in the relocation or home reorganization project
- Appraisal of antiques, collectibles and other valuable possessions
- Creative Solutions to letting go issues
- Heirloom Shipping, ensuring treasured possessions are en route to loved ones in a timely manner
- Dispensation of Unwanted Possessions through auction, sales to dealers, charitable donations and/or hauling to a waste and recycling facility
- Moving supervision and coordination of the actual move
- Unpacking & Set-Up in New Residence so that by bedtime furniture is arranged, wall hangings and photos are hung, lights are plugged-in, favorite possessions are in place and its already beginning to feel like home

# who will help



## Donna Eichelberger

Donna is a Senior Move Manager with 25 years of professional counseling experience in addition to a degree in Social Work and a Master's in Education.

Her education, professional experience and empathetic nature provide her with an exceptional ability to help clients transition to an altered residence and cope with the deep emotions moving can elicit.

She understands the difficulty in making decisions about what stays and what goes. She knows that a little encouragement, a helping hand or a creative solution is sometimes required to ease her clients through the decision-making process.

Donna is adept at providing objectivity and focus while remaining sympathetic to difficult choices as well as conflicts that may arise between family members.